



HOW YOU CAN HELP

Name _____

Address _____

City, State, Zip _____

Phone _____

- I want to volunteer
- I want to become a donor
- Enclosed is my gift of \$ _____

Please complete and mail to:
PO Box 1772 • Lake City, FL 32056

Please make checks payable to **Columbia County Senior Services**. All donations are tax deductible.



ABOUT US

We serve the needs of the sixty plus population in Columbia County in such a manner as to preserve their independence & dignity throughout their lifetime.

CONTACT US

Phone: 386-755-0235

Fax: 386-752-8256

Email: info@ccseniors.com

Web: www.ccseniors.com

Address: PO Box 1772 • Lake City, FL 32056

WHERE WE ARE LOCATED

Lake City

628 SE Allison Court
Lake City, FL 32025

Fort White

18829 Hwy 47 South
Fort White, FL 32038

HOW WE ARE FUNDED

Funded in part by grants through:

- United Way of Suwannee Valley
- Columbia County Board of Commissioners
- City of Lake City
- Community Donations

Department of
ELDER AFFAIRS
STATE OF FLORIDA



Choosing to Enrich the Third Third

Brochure sponsored by

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LIFESTYLE ENRICHMENT CENTER

*Where Living Life becomes
Enriched with more...*



WHAT WE DO

The LifeStyle Enrichment Center (LEC) includes three major service areas. They are:

- Direct Care
- Enrichment Activities
- Retail Endeavors

"The Lifestyle Enrichment Center keeps me moving and loving life. I never had time to do the things I can do at the Center."

DIRECT CARE

In Home grant funded service by certified nursing assistants (CNA'S) includes light housekeeping, personal care and respite.

Extended Family Service private pay service by CNA'S includes light housekeeping, personal care and respite.

The Club provides day care for family members affected by dementia and Alzheimer's.

Home Delivered Meals grant funded and private pay are delivered to consumer homes on a weekly basis for those unable to receive food and assistance in other ways.

Breakfast & Lunch is served M-F at the Lifestyle Enrichment Center, lunch only is served at the Fort White LEC.

Transportation is provided to the LEC's, shopping areas and medical appointments.

ENRICHMENT ACTIVITIES

Physical fitness exercise equipment is available Monday through Friday 8:00 AM to 11:30 AM. Other activities during the week include card games, bingo, woodcarving, crocheting class, quilting, computer class, bowling with X-Box, plastic canvas class, geri-actors theater, kitchen band, choral singers, photography and chair yoga.



RETAIL ENDEAVORS

Heirloom Gift Shoppe where you will find handcrafted wooden toys, cedar chests, carousel horses, cradles, highchairs, bird houses, jewelry, scarves and much more. All proceeds of Retail Endeavors benefit LEC consumers.

Banquet & Meeting Space that can be rented for weddings, luncheons, and special family occasions. Catering is available to accommodate 100 to 150 guests. Available seating for a sit down meeting is 200 – 225.