

Lifestyle Enrichment Center – 628 S.E. Allison Ct: Lake City FL 32025 – (386-755-0235)
www.ccseniors.com

February 2018							
◀ Jan 2018	Sun	Mon	Tue	Wed	Thu	Fri	
					1 Family caregivers-9:00 RR SAVVY care givers class-1:30-3:30- RR Computer class 1:30 Bridge – 1:00	2 LEC book club 2:30 – 3:00 Friday night dance 6 – 9 Garage sale 8 till 2 Bridge 1:00	3
4		5 Bridge 1:00 RR	6 Caretenders – blood pressure	7 Pearl Reed-Entertainment	8 PEARLS 9:30 – 1:30 BR Family caregivers-9:00 RR SAVVY care givers class-1:30-3:30- RR Computer class 1:30	9 No Friday night dance 6 - 9 Garage sale 8 till 2 Alzheimer support group2-5 BR Bridge 1:00	10 Revisit the history of Lake City's <i>Blue Chip Casino</i> 6 till 8 Dinner and entertainment. \$20.00 person.
11		12 Bridge-1:00 RR	13	14 Kenny Burt-Entertainment	15 PEARLS 9:30 – 1:30 SAVVY care givers class-1:30-3:30- RR Computer class 1:30 Bridge – 1:00	16 Valentine dance 6 - 9 Garage sale 8 till 2 Alzheimers support group 2-5- BR Bridge – 1:00	17 Olustee Festival down town
18		19 Celebrating African influence11:30-12:30 Bridge-1:00 RR	20 SHINE 10 – 2 BR NARFE 1:00-2 RR	21 LeRoy Newton - Entertainment	22 CPR for all seniors 12:45 SAVV Y care givers class-1:30-3:30- RR Computer class 1:30	23 Friday night dance 6 - 9 Garage sale 8 till 2 Bridge 1:00	24
25		26 Ron Koeler – entertains Bridge-1:00 RR	27	28 Martingales – Entertainment – Feb. birthdays celebrated	Do not miss the Blue Chip Casino night. You must have a ticket to attend. Sales end Feb 3 rd . Call 755-0235 to make reservations. Ticket sales end Feb. 3 rd . Bingo prize winners will receive dinner on Wed. after they win. Olustee Festival Feb. 16 th and 17 th		

Monday

8:00-11:30 – Fitness Center
8:45-9:30 – Breakfast – DR
10-11:30 – Craft Class - AR
10-11:30 – Cards - Lib
11:45-12:45 – Lunch - DR
12:45-1:30 – Bingo – DR
1:00 -?? – Bridge Players – RR
1:00-3:00 – Woodcarvers – AR
1:30-2:30 – Flex Yoga – DR

Tuesday

8:00-11:00 – Fitness Center
8:45-9:30 – Breakfast – DR
10:00-11:30 – Crochet Class - SR
10:00-11:30 – Ceramics - AR
10:00-11:30 – Cards - Lib
10:30-11:30 – Bible Study – SR
11:45-12:45 – Lunch – DR
12:30-1:30 – Geri-Actors Theatre Practice – RR
3:00 – 4:00 – Tai Chi – DR
12:45 – 1:30 – Ladder Ball or Lawn Dice
with Kathy - DR
1:30-2:30 – Dancerobics – DR

Wednesday

8:00-11:30 – Fitness Center
8:45 – 9:30 – Breakfast – DR
10:00-11:30 – Jewelry Class – AR - \$6
10:00-11:30 – Basic Quilting Class - SR
10:45-11:30 – Live Entertainment or Birthday Luncheon
12:45-1:30 – X Box Bowling – DR

Thursday

8:00-11:30 – Fitness Center
8:45-9:30 – Breakfast – DR
10:00-11:00 – Chair Volleyball
or Alternate Activity - DR
10:00-11:30 – Cards - Lib
10-11:30 – Plastic Canvas Class
w/Ms. Levy - AR
11:45-12:45 – Lunch – DR
12:30 1:30 – Movie - MM
12:30-1:30 – Geri-Actors Theater Practice
w/Frank - SR
3:00 – 4:00 – Tai Chi – DR
1:30-2:30 – Flex Yoga - DR
1:00-2:15 – Beginning Computer Class - RR
2:30-3:34 – Advanced Computer Class - RR

Friday

8:00-11:30 – Fitness Center
8:45-9:30 – Breakfast – DR
9:30 – 10:30 Painting class AR
10:00-11:30 – Cards - Lib
10:30-11:30 – Kitchen Band Practice - DR
11:45-12:45 – Lunch - DR
12:45-1:30 – Bingo - DR
1:30-2:30 – Dancerobics – DR
7:00-10:00 – Friday Night Dance - \$7.00