

Columbia County Senior Services  
Lifestyle Enrichment Center  
628 S.E. Allison Ct: Lake City FL 32025 – (386-755-0235) www.ccseniors.com

March 2018						
◀ Feb 2018						Apr 2018 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>1</b> Family caregivers- 9:00 RR Computer class 1:30+2:30 Bridge – 1:00 Pearls 9 12	<b>2</b> Garage sale 8 till 2 LEC book club 2:30 – 3:00 Friday Night dance 6-9 Bridge 1:00	<b>3</b>
<b>4</b>	<b>5</b>	<b>6</b> Care tenders – blood pressure 10	<b>7</b> Pearl Reed- Entertainment	<b>8</b> Family caregivers- 9:00 RR Computer class 1:30+ 2:30 Seniors go to Alligator Lake 10 – 1:00 Builders lunch	<b>9</b> Friday Night Dance 6 - 9 Garage sale 8 till 2 Alzheimer support group2-5 Bridge 1:00	<b>10</b> Bridal Shower in Reading Room (Deanna Law)
<b>11</b> Daylight savings time changes.	<b>12</b> Bridge 1:00 RR	<b>13</b>	<b>14</b> Kenny Burt- Entertainment	<b>15</b> PEARLS 9 - 12 Computer class 1:30 + 2:30 Bridge – 1:00	<b>16</b> Shamrock game today <i>St. Patrick's Dance</i> 6 - 9 Garage sale 8 till 2 Alzheimer's support group 2-5- Bridge – 1:00	<b>17</b> St. Patrick's Day
<b>18</b>	<b>19</b>	<b>20</b> SHINE 10 – 12 BR NARFE 1 – 2 RR	<b>21</b> Bob Denny Entertainment	<b>22</b> Computer class- 1:30+2:30	<b>23</b> Friday Night Dance 6- 9 Alzheimer's support group 2-5- Garage sale 8 till 2 Bridge 1:00	<b>2</b> Church Tea Party 2 till 4
<b>25</b>	<b>26</b> Bridge 1:00 RR	<b>27</b>	<b>28</b> Martingales – Entertainment – March birthdays celebrated CPR training for staff – 3:30	<b>29</b> Computer class- 1:30+2:30  Wear your Easter Bonnet	<b>30</b> No Friday Night Dance Garage sale 8 till 2 Bridge 1:00 Bingo Pizza party	<b>31</b>

Columbia County Senior Services  
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**Regularly Scheduled Weekly Events (By Day)**

**Monday**

8:00-11:30 – Fitness Center  
8:45-9:30 – Breakfast – DR  
10-11:30 – Craft Class – AR  
10:00 – 10:30 chair stretch - DR  
10-11:30 – Cards - Lib  
11:45-12:45 – Lunch - DR  
12:45-1:30 – Bingo – DR  
1:00-3:00 – Woodcarvers – AR  
1:30-2:30 – Flex Yoga – DR

**Tuesday**

8:00-11:00 – Fitness Center  
8:45-9:30 – Breakfast – DR  
10:00-11:30 – Crochet Class - SR  
10:00-11:30 – Ceramics - AR  
10:00-11:30 – Cards - Lib  
10:30-11:30 – Bible Study – SR  
11:45-12:45 – Lunch – DR  
12:30-1:30 – Geri-Actors Theatre Practice – SR  
12:45 – 1:30 – Ladder Ball - DR  
1:30-2:30 – Line dancing – DR

**Wednesday**

8:00-11:30 – Fitness Center  
8:45 – 9:30 – Breakfast – DR  
10:00 – 10:30 chair stretch DR  
10:00-11:30 – Jewelry Class – AR - \$6  
10:00-11:30 – Basic Quilting Class - SR  
10:45-11:30 – Live Entertainment or  
    Birthday Luncheon  
12:30 – 1:30 Scrap booking - AR  
12:45-1:30 – X Box Bowling – DR

**Thursday**

8:00-11:30 – Fitness Center  
8:45-9:30 – Breakfast – DR  
10:00-11:30 – Cards - Lib  
10-11:30 – Plastic Canvas Class  
    w/Ms. Levy - AR  
11:45-12:45 – Lunch – DR  
12:30 – 1:00 Strength class for seniors -dr 12:30-1:30 – Geri-  
    Actors Theater Practice  
    w/Frank - SR  
1:30-2:30 – Flex Yoga - DR  
1:00-2:15 – Beginning Computer Class - RR  
2:30-3:34 – Advanced Computer Class – RR

**Friday**

8:00-11:30 – Fitness Center  
8:45-9:30 – Breakfast – DR  
9:30 – 10:30 Painting class AR  
10:00 – 10:30 Chair stretch DR  
10:00-11:30 – Cards - Lib  
10:30-11:30 – Kitchen Band Practice - DR  
11:45-12:45 – Lunch - DR  
12:45-1:30 – Bingo - DR  
1:30-2:30 – Line dancing – DR  
7:00-10:00 – Friday Night Dance - \$7.00