

Lifestyle Enrichment Center – 628 S.E. Allison Ct: Lake City FL 32025  
 (386-755-0235) www.ccseniors.com

April 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b>	<b>2</b>	<b>3</b> 10-11 – Caretenders – Blood Pressure Checks (BR)	<b>4</b> 10:45-11:30 – Pearl Reed (Live Entertainment)	<b>5</b> Family care givers 9:30-1:30 – Pearls (BR) 1:00 - ? - Bridge Players (MR)	<b>6</b> 8 – 2 – Yard Sale 1:00 - ? - Bridge Players (MR) 2:30-3 - LEC Book Club (RR) 6-8 Friday Night Dance	<b>7</b>
<b>8</b>	<b>9</b> 1:00 - ? - Bridge Players (MR)	<b>10</b>	<b>11</b> 10:45-11:30 – Kenny Burt (Live Entertainment)	<b>12</b> 9-? – Family Caregivers Support Group – (BR)	<b>13</b> 8 – 2 – Yard Sale 1:00 - ? - Bridge Players (MR) 6-8 Friday Night Dance	<b>14</b>
<b>15</b>	<b>16</b>	<b>17</b> 10-12 – Shine (BR) 1-2 – NARFE (BR)	<b>18</b> 10:45-11:30 – Bob Denny (Live Entertainment)	<b>19</b> 9:30-1:30 – Pearls (BR) 1:00 - ? - Bridge Players (MR)	<b>20</b> FW Chorus 10:30 8 – 2 – Yard Sale 1:00 - ? - Bridge Players (MR) 6-8 Friday Night Dance	<b>21</b>
<b>22</b>	<b>23</b> 1:00 - ? - Bridge Players (MR)	<b>24</b>	<b>25</b> 10:45-11:30 – Martingales (Live Entertainment)	<b>26</b>	<b>27</b> 8 – 2 – Yard Sale 1:00 - ? - Bridge Players (MR) 2-5 – Alzheimer’s Support Group (BR) 6-8 Friday Night Dance	<b>28</b> Volunteer Luncheon (By Invitation, Reservations Only)
<b>29</b>	<b>30</b>	<b>Welcome Ft White Chorus April 20<sup>th</sup></b> <b>Western night at Friday night dance April 27<sup>th</sup></b> <b>Volunteer appreciation lunch April 28<sup>st</sup></b>				

## **Regularly Scheduled Daily Events**

### **Monday**

8:00-11:30 – Fitness Center  
8:45-9:30 – Breakfast – DR  
10-11:30 – Craft Class – AR  
10:00 – 10:30 Chair Stretch - DR  
10-11:30 – Cards - RR  
11:45-12:45 – Lunch - DR  
12:30-1:30 – Bingo – DR  
1:00-3:00 – Woodcarvers – AR  
1:30-2:30 – Flex Yoga – DR

### **Tuesday**

8:00-11:00 – Fitness Center  
8:45-9:30 – Breakfast – DR  
10:00-11:30 – Crochet Class - SR  
10:00-11:30 – Ceramics - AR  
10:00-11:30 – Cards - RR  
10:30-11:30 – Bible Study – MR  
11:45-12:45 – Lunch – DR  
12:30-1:30 – Geri-Actors Theatre Practice – SR  
12:45 – 1:30 – Ladder Ball - DR  
1:30-2:30 – Line dancing – DR

### **Wednesday**

8:00-11:30 – Fitness Center  
8:45 – 9:30 – Breakfast – DR  
10:00 – 10:30 Chair Stretch DR  
10:00-11:30 – Jewelry Class – AR - \$6  
10:00-11:30 – Basic Quilting Class - SR  
10:45-11:30 – Live Entertainment or  
    Birthday Luncheon  
12:30 – 1:30 Scrap Booking - AR  
12:45-1:30 – X Box Bowling – DR

### **Thursday**

8:00-11:30 – Fitness Center  
8:45-9:30 – Breakfast – DR  
10:00-11:30 – Cards - RR  
10-11:30 – Plastic Canvas Class  
    w/Ms. Levy - AR  
11:45-12:45 – Lunch – DR  
12:30–1:00 Strength Class for Seniors –DR  
12:30-1:30 – Geri-Actors Theater Practice  
    w/Frank - SR  
1:30-2:30 – Flex Yoga - DR  
1:00-2:15 – Beginning Computer Class - RR  
2:30-3:34 – Advanced Computer Class – RR

### **Friday**

8:00-11:30 – Fitness Center  
8:45-9:30 – Breakfast – DR  
9:30 – 10:30 Painting class AR  
10:00 – 10:30 Chair Stretch DR  
10:00-11:30 – Cards - RR  
10:30-11:30 – Kitchen Band Practice - DR  
11:45-12:45 – Lunch - DR  
12:30-1:30 – Bingo - DR  
1:30-2:30 – Line dancing – DR  
7:00-10:00 – Friday Night Dance - \$7.00