

**Lifestyle Enrichment Center – 628 S.E. Allison Ct - Lake City FL 32025**  
**(386-755-0235) www.ccseniors.com**

June 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 8-2 – Yard Sale 1:00 - ? - Bridge Players (MR) 2:30-3 - LEC Book Club (RR)	2 Special Yard sale 8 till 1
3	4	5 10-11 – Caretenders – Blood Pressure Checks (BR)	6 10:45-11:30 – recorded music	7 9:30-1:30 – Pearls (BR) 1:00 - ? - Bridge Players (MR)	8 8 – 2 – Yard Sale 1:00 - ? - Bridge Players (MR) 2-5 – Alzheimer’s Support Group (BR)	9 Under the Sea <i>Prom</i> - 6 till 10 Price \$15.00 a person Buy tickets early Dinner – shrimp or chicken
10	11 1:00 - ? - Bridge Players (MR)	12	13 10:45-11:30 – Kenny Burt (Live Entertainment)	14 9-? – Family Caregivers Support Group – (BR)	15 8 – 2 – Yard Sale 1:00 - ? - Bridge Players (MR) 2-5 – Alzheimer’s Support Group (BR) 6-8 Friday Night Dance	16
17	18	19 10-12 – Shine (BR) 1-2 – NARFE (BR)	20 10:45-11:30 – Lonnie and Dana (Live Entertainment) Special Event: Father’s Day Cookout	21 9:30-1:30 – Pearls (BR) 1:00 - ? - Bridge Players (MR) SUMMER BEGINS	22 8 – 2 – Yard Sale 1:00 - ? - Bridge Players (MR) 2-5 – Alzheimer’s Support Group (BR) 6-8 Friday Night Dance	23
24	25 1:00 - ? - Bridge Players (MR)	26	27 10:45-11:30 – Jack and Judy (Live Entertainment)	28	29 8 – 2 – Yard Sale 1:00 - ? - Bridge Players (MR) 6-8 Friday Night Dance	30

## Regularly Scheduled Daily Events

### Monday

8:00-11:30 – Fitness Center  
8:45-9:30 – Breakfast – DR  
10-11:30 – Craft Class – AR  
10:00 – 10:30 Chair Stretch - DR  
10-11:30 – Cards - RR  
11:45-12:45 – Lunch - DR  
12:30-1:30 – Bingo – DR  
1:00-3:00 – Woodcarvers – AR  
1:30-2:30 – Flex Yoga – DR

### Tuesday

8:00-11:00 – Fitness Center  
8:45-9:30 – Breakfast – DR  
10:00-11:30 – Crochet Class - SR  
10:00-11:30 – Ceramics - AR  
10:00-11:30 – Cards - RR  
10:30-11:30 – Bible Study – MR  
11:45-12:45 – Lunch – DR  
12:30-1:30 – Geri-Actors Theatre Practice – SR  
12:45 – 1:30 – Ladder Ball - DR  
1:30-2:30 – Line dancing – DR

### Wednesday

8:00-11:30 – Fitness Center  
8:45 – 9:30 – Breakfast – DR  
10:00 – 10:30 Chair Stretch DR  
10:00-11:30 – Jewelry Class – AR - \$6  
10:00-11:30 – Basic Quilting Class - SR  
10:45-11:30 – Live Entertainment or  
Birthday Luncheon  
12:30 – 1:30 Scrap Booking/ cards - AR  
12:45-1:30 – X Box Bowling – DR

### Thursday

8:00-11:30 – Fitness Center  
8:45-9:30 – Breakfast – DR  
10:00-11:30 – Cards - RR  
10-11:30 – Plastic Canvas Class  
w/Ms. Levy - AR  
11:45-12:45 – Lunch – DR  
12:30–1:00 Strength Class for Seniors –DR  
12:30-1:30 – Geri-Actors Theater Practice  
w/Frank - SR  
1:30-2:30 – Flex Yoga - DR  
1:00-2:15 – Beginning Computer Class - RR  
2:30-3:34 – Advanced Computer Class – RR

### Friday

8:00-11:30 – Fitness Center  
8:45-9:30 – Breakfast – DR  
9:30 – 10:30 Painting class AR  
10:00 – 10:30 Chair Stretch DR  
10:00-11:30 – Cards - RR  
10:30-11:30 – Kitchen Band Practice - DR  
11:45-12:45 – Lunch - DR  
12:30-1:30 – Bingo - DR  
1:30-2:30 – Line dancing – DR  
6:00-9:00 – Friday Night Dance - \$7.00